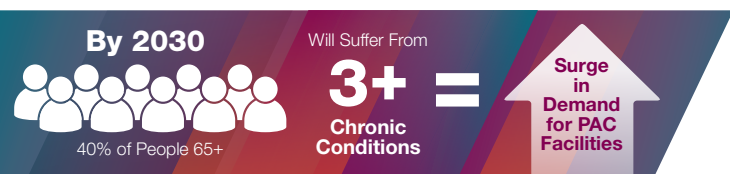


Why LTAC Hospitals Are Often the **Right Choice** for **Critically Ill Patients**



Choosing the right care path for patients is essential to achieving optimal outcomes for both patients and providers. Without the right clinical capabilities and surrounding environment in which to recover, patients may suffer medical setbacks that impede recovery and increase costs.

Because of these considerations, knowing when and where to discharge high acuity patients is a challenging and unique case-by-case process. Check out this white paper to learn why long-term acute care hospitals are often the right choice for critically ill patients.



Benefits of Long-Term Acute Care (LTAC) Hospitals: Complex, Intensive Care

Long-term acute care hospitals are in a unique position to effectively treat critically ill patients. Unlike other post-acute care settings, long-term acute care hospital patients receive physician-led care executed by an interdisciplinary team made up of nurses, therapists, dietitians, pharmacists and other care management specialists from our payer and network partners.

The team works together to determine the best treatment options and care plan for each and every patient. Most treatment plans involve many clinical disciplines and are complex, intensive and evolving.

Long-term acute care hospitals have three key benefits:

- As an acute care hospital, LTAC hospital costs per patient day are generally 25-34% lower than traditional hospitals.
- Government data shows that this type of care can reduce hospital readmissions by 26-44%.
- They have the same licensing, accreditation and certification standards as traditional hospitals, yet offer the personalized focus of a smaller hospital.

In addition to being the appropriate setting for many critically ill patients, LTAC hospitals can provide rehabilitation services that help begin the recovery process for patients who are still receiving high-intensity medical treatment.

Critically ill patients can face a series of new or worsening impairments of physical, mental and cognitive health during their hospitalization¹.

There is well-documented evidence that rehab for high-acuity patients improves a variety of clinical factors:

- Early rehab can help shorten the time patients spend on ventilators².
- Improving patient access to rehabilitation consultations and treatments can result in length of stay decreases of 2.1 to 3.1 days³.
- Patients who have gone through rehab rate their quality of life better in terms of health⁴.

How Kindred Can Help

We specialize in the treatment and rehabilitation of critically ill patients requiring continued intensive care, including specialized rehabilitation, in an acute hospital setting.

Our team of skilled and caring clinicians in our long-term acute care hospitals can be the right partner for you for your patients who have been in an ICU or critical care unit or who are chronically ill and readmit to the hospital frequently.

With daily physician oversight, ICU/CCU-level staffing and specially trained interdisciplinary teams, we work to improve outcomes, reduce costly readmissions and help patients transition to a lower level of care and home.

As a smaller, more niche setting, Kindred LTAC hospitals have lower overhead compared to other health systems. As the lowest cost setting per day for the critically ill, LTAC hospitals ultimately improve outcomes at a lower cost than other settings.

To learn more about how Kindred can help care for the critically ill patients within your ACO, contact Laurence Nibur, Senior Director, Network Development at Laurence.Nibur@Kindred.com.

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